



SEATTLE'S PROGRESSIVE JEWISH COMMUNITY
Alternatives in Jewish Learning for All Ages

WEEKLY UPDATE, AUGUST 26, 2009

CONTENTS:

- Help prepare Kadima House for the New Year! Donate household item
- Time to enroll for Kadima Schools (and renew your Membership!)
- Kadima High Holidays services schedule
- Announcements
- 2 Events with Rep. McDermott regarding the health care reform debate
- Seattle Jewish Chorale Seeking New Members
- Community Events
- Community Events - continued
- Donate!
- Shop on line - Kadima receives percentage of sale!

IF A URL IN THIS EMAIL DOES NOT SEEM TO WORK, don't give up!
Try right-clicking and pasting it in your browser.

Seattle's oldest progressive Jewish Community integrates celebration, study, and work for social justice, through programs, holidays, Shabbatot, education for all generations, activism for a just, peaceful and healthy world, and many avenues to a warm Jewish community. Think of Kadima as your "Jewish Salon," a comfortable setting for the free exchange of ideas and experiences!

Kadima's Women's Torah Project has commissioned the first Torah in history to be scribed and completely embellished by women.

Kadima is a co-founder of the Middle East Peace Camp for Children, now in its eighth year.

Contact us! (206) 547-3914

office@kadima.org

www.kadima.org

www.Facebook.com/Womens-Torah-Project

www.womenstorah.com

www.middleeastpeacecamp.org

HELP US PREPARE KADIMA HOUSE FOR THE NEW YEAR!

Help Kadima House become a fully functional sanctuary, school, office, and gathering place by donating any items on the list that you have duplicates of.

Thanks for the donations you've given already! The list is shrinking!

Handyman? Handywoman? We need a handyperson to do a couple of small projects to get the house ready!

• IMMEDIATE NEEDS

Locking mailbox

• TODDLER SPACE, PRE-K & K CLASSROOM

Child guard safety gate

Potty seat (oval)

Area rug (room size is 11x13)

Safety caps/covers for electrical outlets

Clorox wipes

• KITCHEN

Cooking and baking pots and pans & baking sheets

Serving utensils & serving bowls

Tea pot, large hot water urns

Dish drainer mat

• HOUSE & BATHROOM

Broom and dust pan

Coat hangers

Hand towels



**KADIMA HOUSE:
12353 8th Ave. NE, Seattle.**

[MAP](#)

Metro Bus #41,

[schedule and route map](#)

Please note: some larger events may be held at the Seattle Jewish Community School next door to Kadima House. From I-5 northbound, take the NE 130th exit; turn right; then turn right again at 8th Ave. NE. Kadima House is on the SW corner of 8th NE and NE 125th.

DONATE NOW!

Make Kadima House a sanctuary filled with learning, celebration, activism, spirit and warm community!

\$1500 pays one month's rent

\$800 endows an eight-session Introduction to Progressive Judaism class

\$400 buys a full year of challah, juice and wine for Kadima Shabbatot

\$150 funds a class by a visiting rabbi or scholar, or produces/maills a printed

Toilet brushes (x2), sponges, plunger, mop

• OUTDOORS

Garden/storage shed

Yard and garden maintenance items: rake, broom, pruners, gloves

• GENERAL SPACE

2 white boards 24x36" or larger

Bulletin boards 24x36" or larger

Trash receptacles (for classrooms)

Wireless router(?)(to pull Internet out of thin air)

• AREA RUGS

Room measurements (usable space not true space)

Great Room/Community space: 12'5" x 15'10"

Kindergarten-(rumpus room/garage): 13' x 14'6"

Library/meeting/classroom: 9'4" x 10'2"

Kadima House is open Tuesdays and Wednesdays from 9:30 to 2:30, if you'd like to drop off donations. Please call first: (206) 547-3914. Or, bring your donations on the first day of school (September 13 for Sunday School; September 14 for Hebrew School and B'nei Mizvah class).

THANK YOU!!!

newsletter issue

\$120 covers one month's utilities

\$100 funds 4 months of high-tech image-friendly, formatted email updates

\$50 funds a Shabbat luncheon

\$25 pays for an evening of fine film and discussion

\$18 buys a great film or book for our library

[DONATE NOW!](#)

**New School Year!
New Classes!
New Classrooms! (continued)**

**SHOP ON LINE -
KADIMA RECEIVES A
PERCENTAGE OF THE SALE!
www.kadima.org/news/kadima-shops**



New School Year! New Classes! New Classrooms!

With our same progressive approach to alternative learning in Jewish education for all ages.

Twice monthly Sunday classes for K-7th grades.

Welcome back to Sunday School • First Day, Sunday, September 13th!

• Visit the Kadima website, www.kadima.org, for more information about our Sunday School and B'nei Mitzvah programs, or contact Sharron Lerner, Education Director, at slerner@kadima.org, or the office at (206) 547-3914.

Click to download a [Kadima Shools Enrollment and Membership Registration form](#).

(continued)

• **NEW Kadima Preschool Family Program. Click for more information: [Preschool flyer](#).**

For tots ages 1-4 and pre-k-5-year-olds with single parents, inter-faith parents, same-sex parents... for all parents raising Jewish children. Click to download a [Preschool Enrollment and Registration Form](#).

• **Modern Conversational Hebrew**

For 3rd-8th grades; Beginning level through Teen Talk Hebrew.



KADIMA HIGH HOLIDAYS SERVICES, 2009/5770

Rosh Hashanah	
Friday, September 18	
Erev Rosh Hashanah	7:30 pm
Saturday, September 19	
Rosh Hashanah service	10:00 am
Rosh Hashanah Children's Service	10:00 am
Yom Kippur (continued)	

COMMUNITY EVENTS



[Challah-Palooza!](#)

Friday, September 11, 3-6 pm

Whole Foods Market, Roosevelt Square
 Top challah vendors will share their delicious creations, just in time for the New Year. Big challah display, FREE holiday catering menu sampling, Kosher beer & wine sampling (\$1), info about the holiday & Jewish community resources. Cook book giveaway! Free and open to anyone who likes to eat!

(Continued)

Sunday, September 27	
Kol Nidre	7:30 pm
Monday, September 28	
Yom Kippur service	10:00 am
Yom Kippur children's service	10:00 am
Yizkor (memorial service)	5:00 pm
Ne'ilah (concluding service)	6:00 pm
Break-the-Fast vegetarian potluck	7:00 pm

We invite all Kadima members and friends to join us in celebrating the High Holidays. Services will ! be held at Prospect Church, located at 1919 E. Prospect St. (at the corner of 20th Ave. E. and E. Prospect). Services will be lay-led in the Kadima progressive tradition. Donations gratefully accepted. Suggested sliding-scale donation: \$10 to \$54 per adult per service. No one turned away. Donations are used to support Kadima observances and programs. Children's services will be held concurrently with 'grown-up' services. Childcare provided. Help us plan by sending your RSVP to office@kadima.org.

[Parenting and Teshuva: Rupture, Repair and Return](#)

Tuesdays, Sept. 15 & 22, 7-9 pm
 At a Queen Anne location in Seattle. Teshuva is the process of self-reflection that is an integral part of the High Holidays, a time to look at how to respond to "ruptures" in our relationships. Parenting is filled with constant adjustments and challenges-yet these challenging moments can ultimately turn us closer to our children. We'll explore questions of forgiving and moving forward in our parenting. Facilitated by Rabbi Rachel Nussbaum & Marjorie Schnyder, MSW. \$20/person or \$30/couple. Scholarships available. Limited space / advance registration required. [Register online](#) or call Marjorie Schnyder, (206) 861-3146.

ANNOUNCEMENTS

TWO PUBLIC EVENTS WITH CONGRESSMAN JIM McDERMOTT REGARDING THE DEBATE OVER HEALTH CARE REFORM

A message from our friend David Loud, Community Liaison for

COMMUNITY EVENTS continued!



[Laugh Your Way to Giving](#)
 The Jewish Federation of Greater Seattle launches its annual community celebration and Community Campaign at an event featuring the hilarious comedy

Congressman Jim McDermott: As the debate over health care reform intensifies and members of Congress prepare to resume their legislative work after Labor Day, Congressman McDermott wants to be sure everyone has the chance to learn what's going on and to voice their views.

There are two more events during the next week that Congressman McDermott wants you to know about. Please participate in them as able. For those of you with organizational lists, we will appreciate your forwarding this information to your members.

On **Monday, August 31**, Rep. McDermott will host a **telephone town hall from 7 to 8 pm**. Tens of thousands of 7th District constituents will be called over the weekend with a taped message recorded by Jim to alert them to the event. Then, on Monday, just prior to the 7 pm start time, tens of thousands of constituents will be called inviting them to stay on the line to hear Jim talk about the issue and his perspective live. During the call, people will be able to ask questions.

A telephone town hall format better fits a busy lifestyle that otherwise would prevent someone from attending a meeting in person, away from home. Research suggests many more people want to be involved and this is one way of facilitating participation. However, Rep. McDermott always has conducted in-person town hall meetings and this time is no different.

On **Tuesday, September 1**, Rep. McDermott will host a **town hall meeting from 7:00 to 8:30 pm, at the University of Washington, Meany Hall**. Doors will open at 6: 15 pm and seating will be on a first come basis. Meany Hall can accommodate 1,200 people, with additional capacity just outside the auditorium, if necessary. The site was selected because of its large capacity, readily available parking and mass transit options. According to the University, placards, posters,

act Jewtopia, followed by a dessert reception.

Benaroya Hall • Wednesday, **September 16** • 6 pm for optional pre-reception with kosher Israeli fare and drinks • doors open at 7 to catch the program and show at 7:30 • kosher desserts after the show
No minimum gift is needed to attend!
Learn more & register at www.JewishInSeattle.org or call Rebecca at (206) 774-2272



[Shaarei Tikvah: Gates of Hope](#)
A Celebration of Rosh Hashanah for People of All Abilities

Saturday, September 19, 4-6 pm

Temple De Hirsch Sinai,
1441 - 16th Ave., Seattle

FREE. Kosher dietary laws observed.
RSVP encouraged. Contact Marjorie Schnyder at (206) 861-3146 or familylife@jfsseattle.org



[The Washington State Jewish Historical Society](#)

presents B'nai B'rith Women's DOLLS FOR DEMOCRACY

EXHIBIT

Now - November 8

From the 1940's through the 1970's B'nai B'rith Women commissioned hand-made portrait dolls of historical figures to be used for educational purposes. See the collection at the

[Rosalie Whyel Museum of Doll Art in Bellevue](#)

signs, food and beverages are not allowed in Meany Hall.

SEATTLE JEWISH CHORALE SEEKS NEW MEMBERS

Seattle Jewish Chorale, a volunteer SATB choir which performs all types of Jewish choral music, is seeking new members for the '09-'10 season.

Music-reading ability and familiarity with Jewish languages preferred, but not required. Prospective members should attend an **open rehearsal on Sept. 9, plus a low-stress audition** to assess range, vocal quality, rhythm and intonation. SJC is a non-discriminatory organization and welcomes singers of all backgrounds. For more information, email jewishchorale@live.com or call (206) 708-7518.

Always free and always interesting. Read the August issue of the on-line [Jewish Magazine](#).

Hebrew High registration is open!

The only community school in the area for Jewish teens, we bring teens together to learn, have fun and experience new opportunities. Our goal? Providing each and every participant with a strong, vibrant and emboldened Jewish identity.

(Continued)

PROJECT DVORA PROGRAMS

TASCHLICH FOR SURVIVORS OF INTIMATE PARTNER ABUSE

Tashlich is a powerful Jewish ritual where we "cast off" into a body of water the things we need to leave behind.

For those of us who've experienced intimate partner abuse, the new year's theme of atoning for our missteps can raise complex questions.

- How can I take responsibility for my own choices without implying that the abuse was somehow "my fault?"
- How can I move forward into the new year with intention if my choices are still being limited or controlled?
- Is it necessary to forgive a person who has harmed me — even if I don't feel ready?

Join us for an evening of discussion and ritual, led by Danica Bornstein, MSW, LICSW. Open to survivors of intimate partner abuse and women with controlling partners. All levels of Jewish observance are welcome. Wednesday, September 23 • 6:30 – 8:30 pm •

Confidential location • FREE • RSVP by September 18 at 4 pm • For more info & to RSVP, contact Project DVORA at (206) 461-3240

**Sign the Brit Tzedek v'Shalom
PLEDGE TO SUPPORT THE PRES IDENT:**

www.obamapledge.org

Dear President Obama,

Please know that I share your sense of urgency to bring peace to the Middle East. Therefore, I pledge:

- to back your committed and persistent leadership in support of a negotiated two-state solution.
- to work within my communities to build the political will that will enable you to take decisive and bold steps -- and to urge Congress to support you in this endeavor
- to make it known that an American President who dedicates himself to establishing a durable Israeli-Palestinian peace acts in the best interests of Israelis, Palestinians, the United States and our allies
- to support you in staying the course through difficult times and to celebrate your successes

In Hebrew, the words for wind and for spirit are one and the same -- ruach. As you work for peace, I promise that the ruach of the American Jewish people and our friends in the pro-Israel community ! will be at your back.

◆
**KIDS CLUB/FALL 2009:
HELPING CHILDREN WHO HAVE
WITNESSED DOMESTIC
VIOLENCE**

A 12-week series of classes for mothers and their children aged 5-8, designed to:

- help children process what they have experienced and witnessed
- teach parents to talk and listen to their children about their experiences
- support parents in strengthening their relationships with their children
- help parents understand the impact of domestic violence on their children and on themselves
- reinforce behaviors that promote healthy relationships.

FREE • All families are welcome, all religions, communities & cultures, non-Jews & Jews alike. • Contact Project DVORA at (206) 461-3240 for dates, times and location • **Must register by 4 pm on Friday, September 18**

CONTACT US! JOIN US!

Kadima Reconstructionist Community

office@kadima.org • www.kadima.org • (206) 547-3914

12353 8th Avenue NE, Seattle WA 98125